



How to use the antigen self test for nasal swab



How to use the test

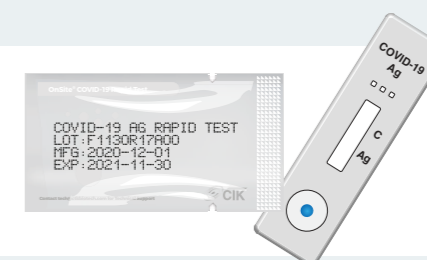
Please, make sure you have a complete test set.

One box contains two sets of tests. Each set contains:

A / **Foil bag.** On the foil bag is printed “COVID-19 Rapid Test”.
Each foil bag contains one test cassette and one silica gel bag.

This is the foil bag and the test cassette contained.

Do not remove the cassette before you need it.



x 1

B / **Plastic box** with hole for placing the test tube.



x 1

C / **Pre-filled buffer tube** in soft plastic.



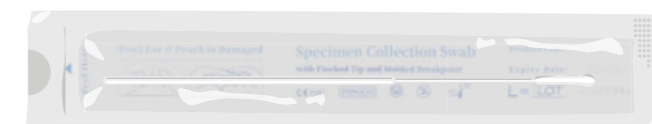
x 1

D / **Nozzle.**



x 1

E / **Sealed swab.** The swab resembles a long common cotton swab with cotton in one end.



x 1

F / **Waste bag.** Collect all waste from the test in the waste bag and bin it.



x 1

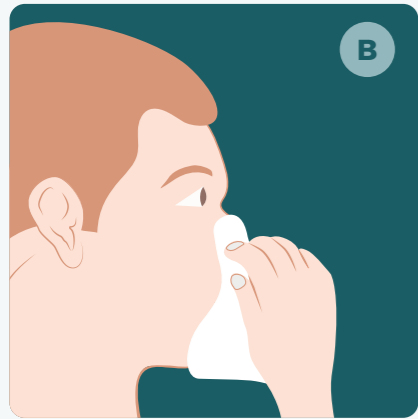
The box also contains an instruction guide (*not pictured here*).
Please visit [this](#), if you need further information about the test.

Items you need which are not in box:

Tissue for blowing your nose, a mirror and a stop watch (e.g. the one on your smartphone).

Get ready to perform the nasal swab

- A** Find a level surface (e.g. table top).
Clean it and set out the equipment.



Blow your nose to clean out both nostrils as good as possible. Throw out the tissue.

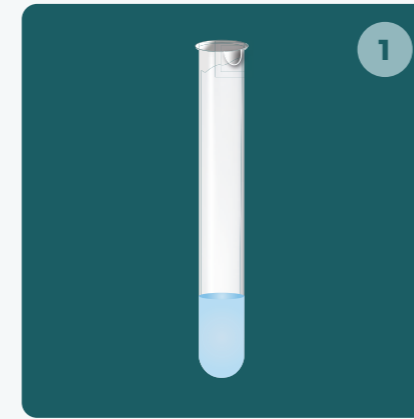


Wash your hands or apply hand sanitizer

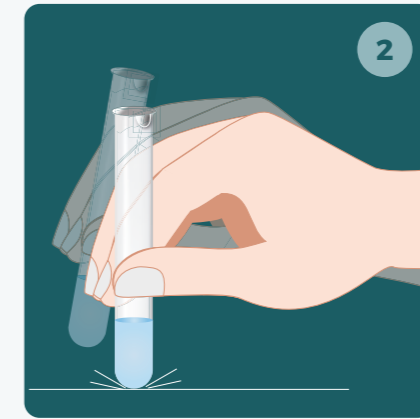


Place the plastic box on the surface with the hole facing up.

Step 1: Get the buffer tube ready



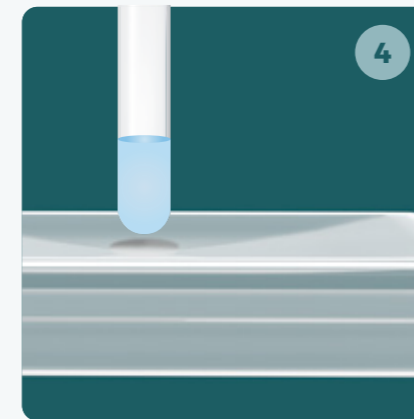
Remove the buffer tube from the sealed bag.



Hold the buffer tube upright. Tap the bottom of the tube on the flat surface so most of the liquid is moved down to the bottom of the tube.

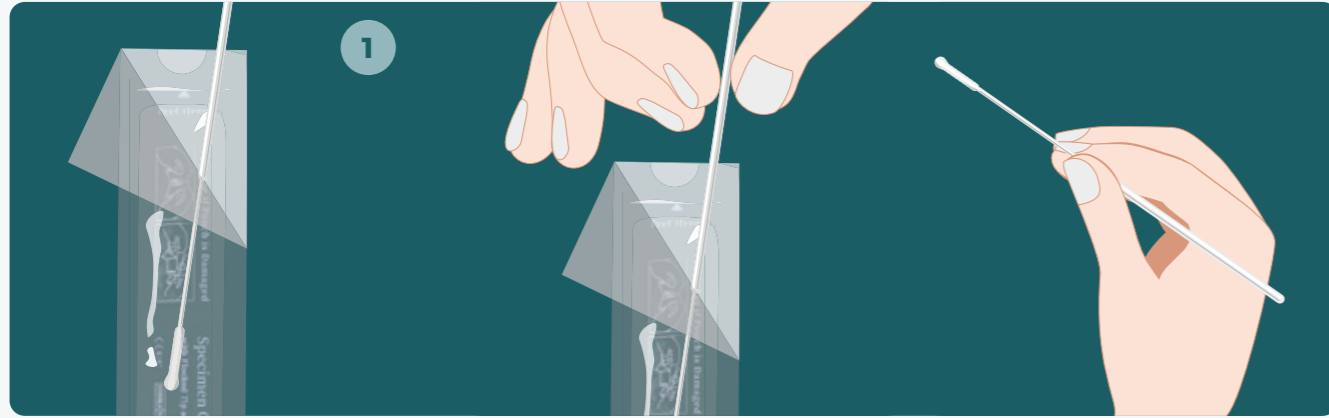


Carefully peel off the seal of the buffer tube. Discard the seal in the waste bag provided with the test. Save the waste bag for later.



Place the buffer tube in the hole in the plastic box.

Step 2: How to use the swab for a nasal swab

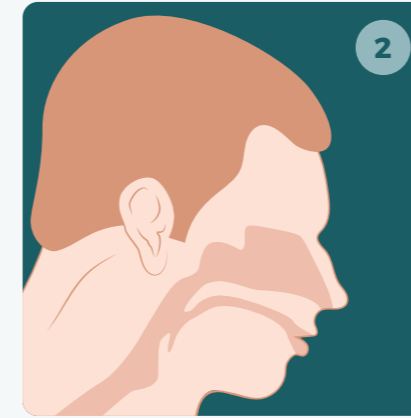


Get the swab and open the sealing in the end with no cotton.

Gently remove the swab.

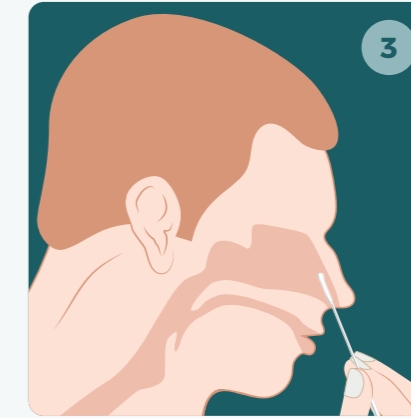
Save the bag to use for discarding the swab later.

Hold the swab as pictured; on the plastic part without touching the cotton.



Hold your head as pictured.

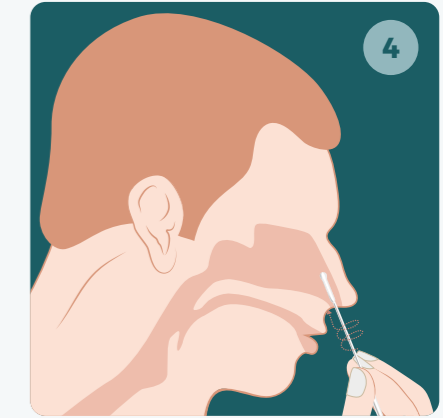
You can decide to use a mirror.



Calmly insert the cotton part of the swab into one nostril.

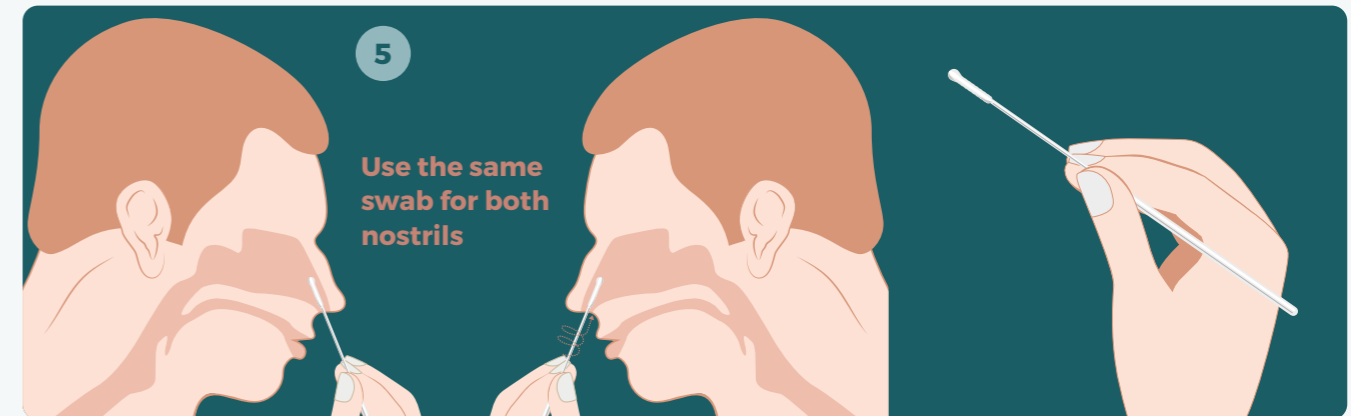
All of the cotton must enter into the nostril.

Do not move the swab further in when it meets resistance. Max 2-3 cm.



Move the swab around in small circles while pressing it against the nasal wall.

Move the swab around at least five times. This ensures you get enough sample material from the nostril.



Carefully pull out the swab and repeat the procedure in the other nostril.

Move the swab around five times in your other nostril.

Use the same swab for both nostrils.

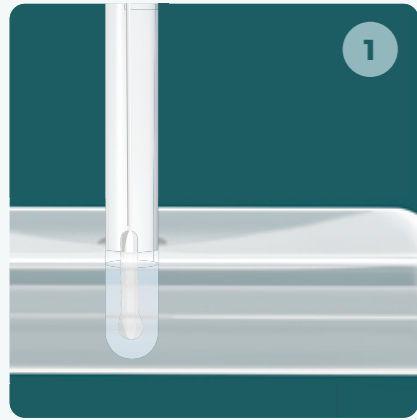
When done, carefully remove the swab from your nostril.

Hold the swab ensuring it does not touch anything.

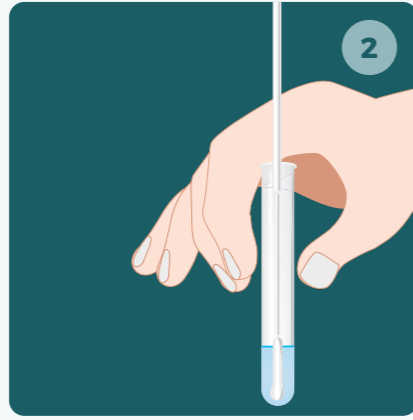
This is critical!

The swab now has to be placed in the buffer tube for "mixing".

Step 3: How to use the nasal swab with the buffer tube.



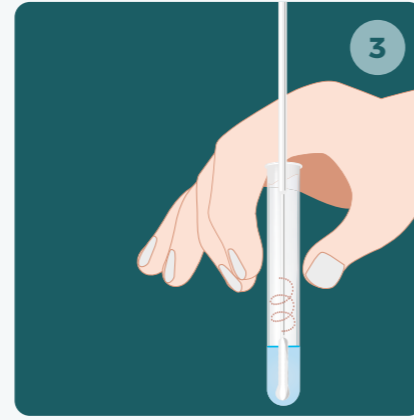
1
Place the swab into the buffer tube which is placed upright in the plastic box.



2
Carefully lift the buffer tube from the plastic box.

The swab must stay in the tube as you lift this.

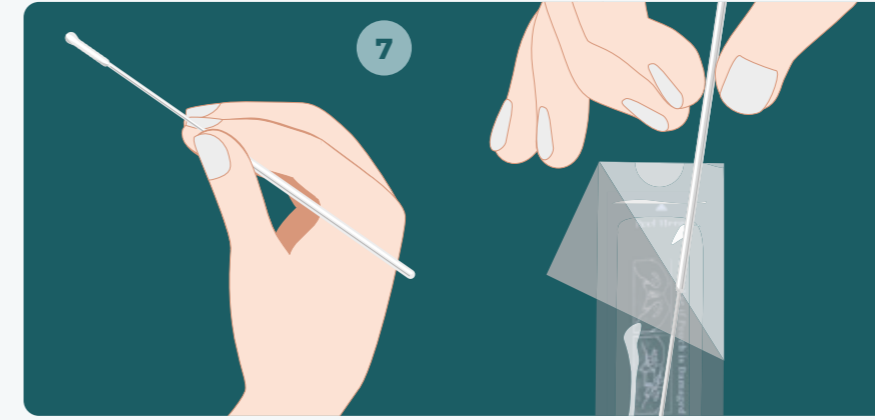
Hold the tube between your fingers as pictured.



3
While holding the tube rotate the swab with the cotton submerged in liquid.

Rotate the swab at least five times.

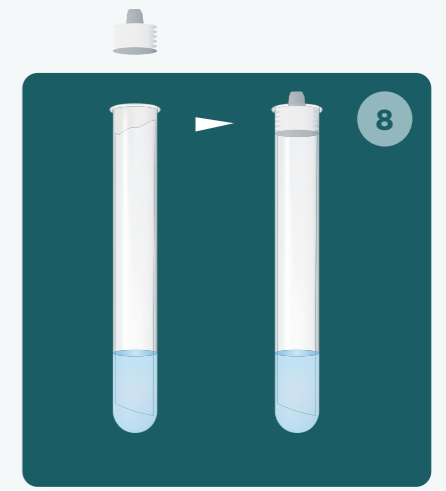
It is critical the cotton part and liquid is mixed thoroughly.



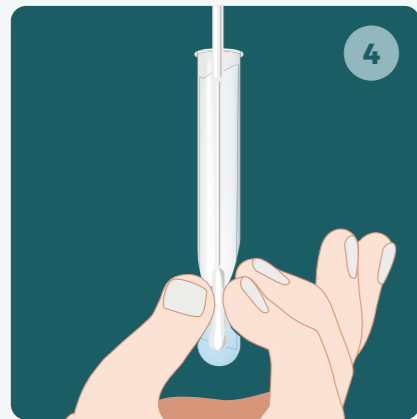
7
Now, you don't need the swab any more.

Place the swab into the bag it came in with the cotton part first.

You can throw away the swab now or do so later on. You don't need it any more.



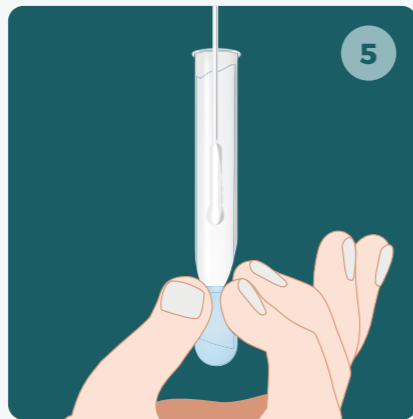
8
Attach the nozzle to the buffer tube. Make sure its firmly attached.



4
After rotating the swab in the liquid, press the liquid out of the cotton part of the swab.

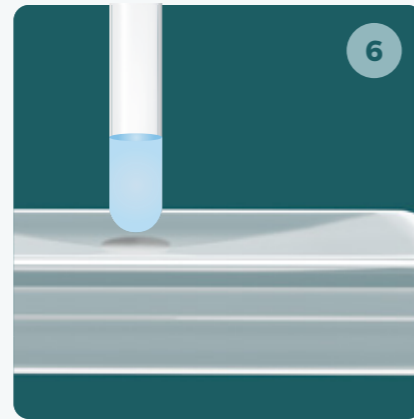
You do this by gently squeezing the cotton part through the tube as pictured.

Squeeze carefully several times.



5
Now, the swab must be removed from the tube.

You do this by gently squeezing the cotton part through the tube **while** you calmly draw out the swab.



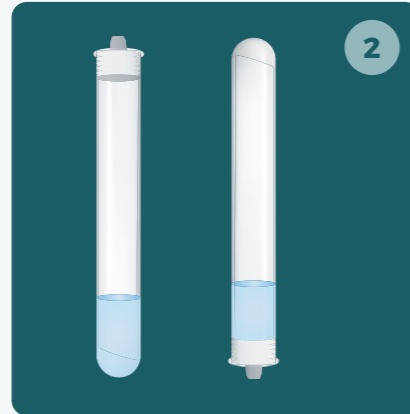
6
Now, place the buffer tube back into the plastic box.

Step 4: How to use the cassette to get a result



Now, open the foil bag with the cassette and place it on the clean surface.

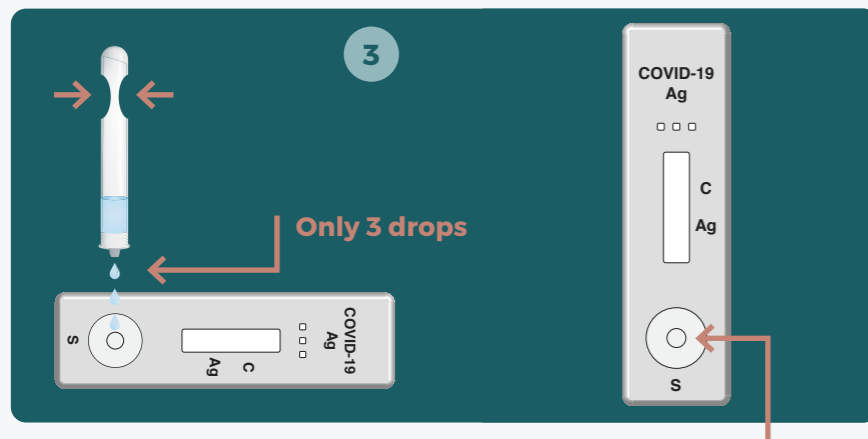
On the foil is marked where to open it.



Take the buffer tube from the plastic box.

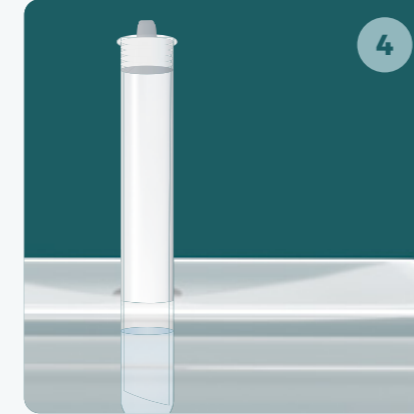
Turn around the tube and hold it upside down.

Now, you're ready to add liquid to the cassette's "well".



Gently squeeze the tube to add just three (3) drops into the cassette.

The three drops must hit the cassette's "well" indicated with the letter "S".



Place the buffer tube back into the plastic box. You don't need it any more.

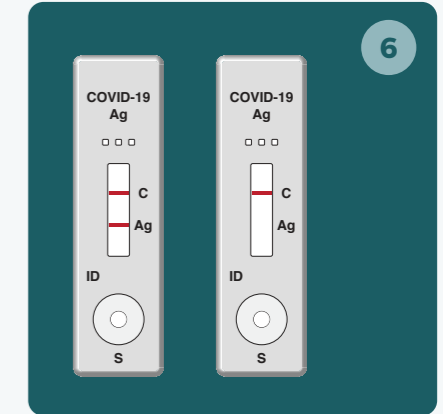
The result must be read within 20 minutes



Set a timer to 15 minutes.

You can use your smartphone.

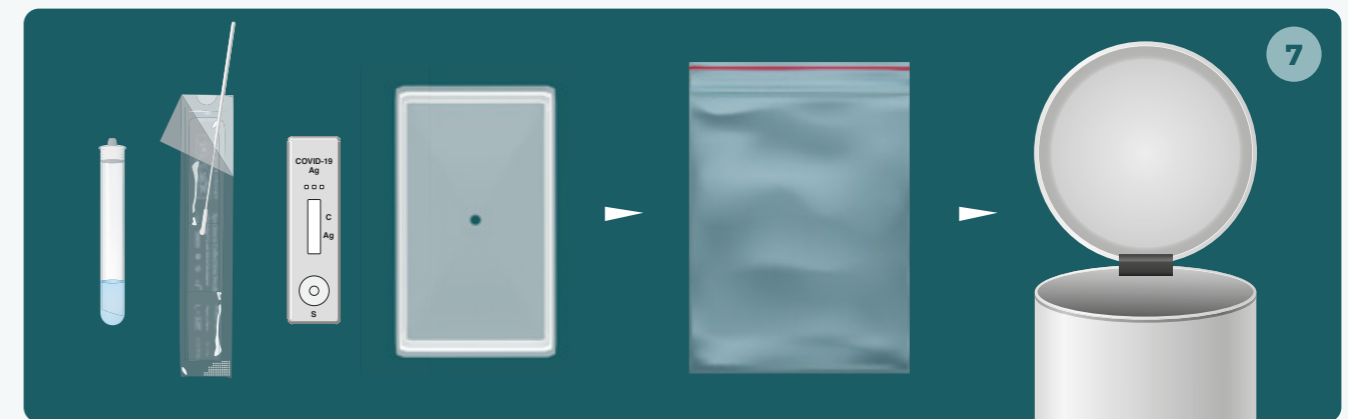
After 15 minutes you can read the test result. The result may be visible before the 15 minutes have passed.



You have completed the test.

The result must be read within 20 minutes, so keep an eye on the cassette.

Find out how to read the result on the next page.



When the test is completed, you can throw the equipment out. Throw out everything you have used for the test: The test cassette, buffer tube and nozzle, swab and all packaging.

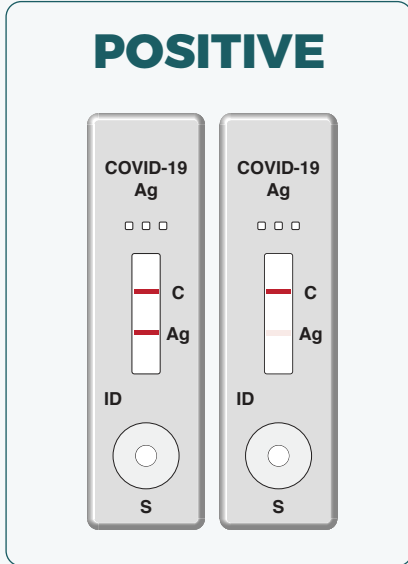
We recommend you collect all items in the included waste bag and throw this away.



Step 5: How to read your test

C = Control-strip

Ag = Antigen

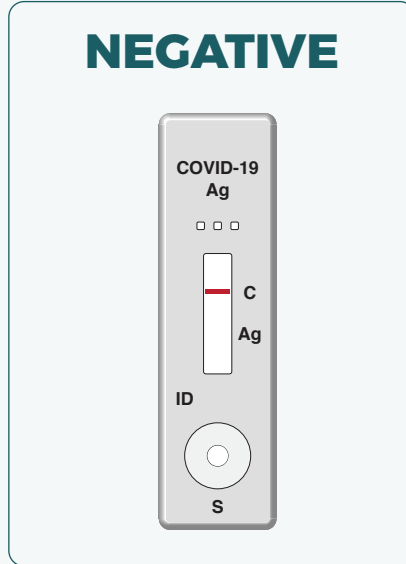


A positive antigen test will show two lines on the cassette.

A C line indicates the test works.

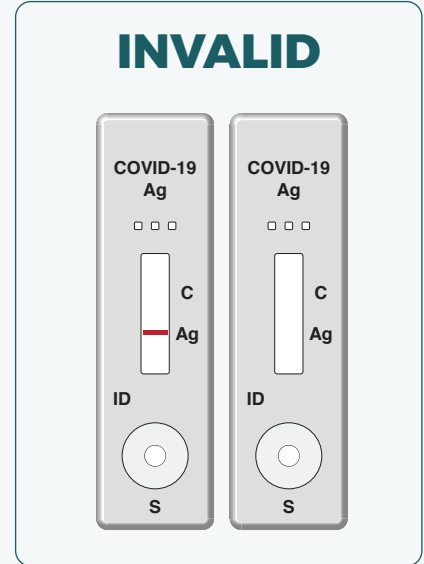
A Ag line indicates the test is positive.

Please note, that the Ag line can be very faint. But if you can see an Ag line, consider the test positive.



A negative test only shows a C line.

The line indicates that the test works and that the result is negative.



A test result may be invalid. If only the Ag line is showing or if no line is showing, the test is invalid.

An invalid test can be caused by either incorrect performance of the test or equipment malfunction.

Take another test to see if this works. If not, please contact SSI Diagnostica.

NEED HELP TAKING A TEST?

Scan this code to watch a short video that explains how to perform the test.

On this webpage you can also ask questions and browse frequently asked questions.

If you need help, you can also call 0045 48 29 91 00.

Or send an email to info@ssidiagnostica.com

We will get back to you as soon as possible.